

This listing is to provide you with resources for people with disabilities.

Teen Web Sites

http://www2.ed.gov/about/offices/list/osers/programs.html
The Office of Special Education Programs (OSEP) supports a comprehensive array of programs and projects authorized by the Individuals with Disabilities Education Act (IDEA) that improve results for infants, toddlers, children and youth with disabilities.

http://www.abilityonline.org/ Ability Online Support Network is a vibrant online community for youth and young adults of all abilities.

http://www.parentcenterhub.org/ CPIR serves as a central resource of information and products to the community of Parent Training Information (PTI) Centers and the Community Parent Resource Centers (CPRCs), so that they can focus their efforts on serving families of children with disabilities.

<u>www.communityinclusion.org</u> PACER's National Parent Center on Transition and Employment provides relevant information and resources to parents, youth, and professionals through a variety of services.

<u>http://www.youthhood.org/</u> Youthhood is a website designed to help teens with disabilities in transitioning to adulthood. The site is full of great information, activities, and helpful ideas for teens and adults who work with teens.

<u>https://www.pacer.org/Bullying/</u> This is the portal for parents and educators to access bullying resources, including educational toolkits, awareness toolkits, contest ideas, promotional products, and more.

https://www.pacerteensagainstbullying.org/ Relevant, edgy, and unique educational resource for bullying prevention designed to engage, empower and educate all teens.

https://www.hhs.gov/ash/oah/adolescent-development/physical-health-and-nutrition/chronic-conditions-and-disabilities/resources.html Resource lists for youth with disabilities, families, & professionals.

Sexuality

https://www.cdc.gov/ncbddd/spinabifida/adult.html#sexual-health Tips for young adults with spina bifida talk with their healthcare professional about sexuality and sexual functioning, contraceptives, and reproductive concerns.

http://www.sextherapyinphiladelphia.com/spina-bifida-and-sex/
Resource of a group of licensed professional therapists (social workers, marriage and family therapists, and psychologists) with specialized training in sex therapy, play therapy, marriage counseling and family therapy.

<u>http://www.condomdepot.com/</u> Condom Depot offers condom choices for those with latex allergies.

http://www.goodvibes.com/main.jhtml Resource for adaptive sexual toys.

http://www.sexsupport.org/ provides information about anatomy, behavior, civil rights, abuse prevention, body image, dating and chat resources, gender identity, disability and relationships in easy to understand, sex positive language with extensive links to other resources.

http://kidshealth.org/teen/sexual_health/guys/harassment.html Resource when you are being sexually harassed or bullied.

<u>https://sexualityanddisability.org/</u> website that is dedicated towards the idea that women with disabilities are sexual beings. It provides sexual health information for women with disabilities, their partners, their friends and family, and doctors/counselors.

http://www.med.umich.edu/yourchild/topics/disabsex.htm a resource list on sexuality education for youth with a disability.

https://www.sexualityintransition.com/resource-list resource site to increase knowledge and awareness about sex and disability.

Transition Web Sites

http://www.witc.edu/stusvcscontent/docs/accommodations/Opening-Doors-self-determination.pdf Opening Doors to Self- Determination Skills: Planning for Life After High School Publication.

http://witig.org/wstidata/resources/postsecondary-education-english-fillable 1409758548.pdf Opening Doors to Postsecondary Education and Training: Planning for Life After High School Publication.

<u>http://www.marchofdimes.org/</u> March of Dimes seeks to improve the health of babies by preventing birth defects, premature birth and infant mortality.

http://www.ncset.org/ The National Center on Secondary Education and Transition (NCSET) coordinates national resources, offers technical assistance, and disseminates information related to secondary education and transition for youth with disabilities in order to create opportunities for youth to achieve successful futures.

http://www.communityinclusion.org/page.php?page=pubs This site contains various publications and videos on transition issues.

https://ici.umn.edu/index.php?products/list This site contains various articles on transition issues.

http://www.ncwd-youth.info/ This site is a great resource for information about employment and youth with disabilities.

http://transitioncoalition.org/ The Transition Coalition has information, support, and website links for transition from high school to adult life.

<u>http://www.ericdigests.org/</u> This site provides one way to access the ERIC Digests (education articles) produced by the former ERIC Clearinghouse system.

<u>http://www.ici.umn.edu/</u> Through collaborative research, training, and information sharing, the Institute improves resources and practices to ensure that all children, youth, and adults with disabilities are valued by, and contribute to, their communities of choice.

http://www.pacer.org/transition/ PACER's National Parent Center on Transition and Employment provides relevant information and resources to parents, youth, and professionals through a variety of services.

<u>http://www.ldawisconsin.com/</u> The Learning Disabilities Association of Wisconsin is dedicated to providing support to children and adults with learning disabilities through advocacy, education, information and research.

<u>http://www.new-horizons.org/</u> A grassroots, non-profit organization, supporting the positive personal journeys of our community citizens with disabilities, their families and caregivers.

http://walkerspoint.org/ The mission of Walker's Point Youth & Family Center is to meet the needs of runaway, homeless, and other troubled youth and their families from Milwaukee's diverse communities by providing services to empower youth, help them resolve personal and family problems, strengthen family relationships, and support safe and stable homes. * The material and information contained in this list is for general information purposes only. List is subject to change at any time without notice. Known options are listed, however, additional ones may exist. By providing these links, Spina Bifida Wisconsin, Ltd. does not specifically endorse any product or service provided by these organizations and we are not responsible for the content of these sites.